

GUIDELINES FOR KEEPING YOUR CHILD HOME FROM SCHOOL

Send to school:

- Vague complaints of aches, pains or fatigue.
- Sniffles, a runny nose and a mild cough without a fever..

Keep home from school:

- Any physical or emotional condition that would prevent him/her from participating comfortably in class.
- A fever of 100 degrees or more. Coupled with a rash, earache, sore throat, sluggishness or nausea, fever may signal a highly contagious infection. Keep home until fever free for 24 hours without use of medication to keep fever down.
- A persistent, productive cough and wheezing coupled with a thick or constant nasal discharge.
- An undiagnosed rash, especially when there is a fever and behavioral change.
- Strep throat- Keep home until student has been on antibiotics for at least 24 hours and fever is gone.
- Pinkeye, in which there is a white or yellow discharge, often with matted eyelids after sleep, eye pain and redness.
- Head lice - Keep home until treated and all nits are removed.
- Chicken Pox - Keep home until all blisters are scabbed over and dry.
- Diarrhea or vomiting – Must be symptom free before returning to school.
- Impetigo – Keep home for 24 hours after starting antibiotic treatment.
- Ringworm (contagious fungus infection) – Keep home until treatment is started. Ringworm on the scalp requires an oral medication. Ringworm on the body can be treated with a cream applied directly to the affected area and covered with a Band-Aid.